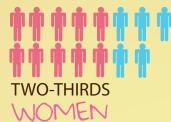


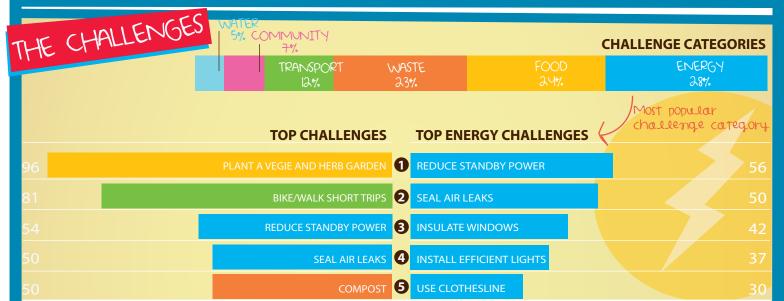
CARBON CHALLENGE

305
PARTICIPANTS



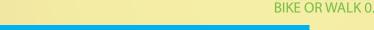
1,228
CHALLENGES SET

3
MONTHS
TO COMPLETE





REDUCE FOOD WASTE 0.1 GROW YOUR OWN 0.1 BIKE OR WALK 0.7



**A** 

BIKE/WALK SHORT TRIPS 26 tCO<sub>2</sub>/year

ELECTRICITY REDUCTION 139 tCO<sub>2</sub>/year



EAT LESS MEAT 9 tCO<sub>2</sub>/year



REDUCE FOOD WASTE 5 tCO<sub>2</sub>/year



PLANT A VEGIE AND HERB GARDEN 3 tCO<sub>2</sub>/year



EAT LOCAL AND SEASONAL 3 tCO<sub>2</sub>/year



MAINTAIN YOUR CAR 1 tCO<sub>2</sub>/year

EAT LESS MEAT 0.7

// EAT LESS MEAT 0.7

// Jear

ELECTRICITY 1.8

Anatomy of one person's carbon reduction (measured in tonnes of CO2 per year)

Total CO2 reduced: 186 tonnes per year

## COMMENTS



"I feel I have only just begun as I see other ways of doing things that reduce my carbon footprint and look forward to finding other ways to continue to do so."

"Found the greatest saving in lighting comes from replacing the down-lights first."

"I now have my pelmets up and am noticing a difference, with less draft from around the windows."

"I sealed all my windows with foam and noticed my rooms were draft free"

"We got our floorboards insulated - will hopefully make the floor a bit warmer for next winter, and further reduce our power bill!"

"Our house is more comfortable. While we have used the air conditioning this summer, we have probably used it the same number of times as last summer (which was nowhere near as hot, & I have been home more this summer with a baby)."

"Our last electricity bill said that our family of 3 sometimes 4, uses less energy than a household of 2."

"I bike almost everywhere... in case its too distant, I use the bus ad get my bike carried."

"We have a bike pool at work which is convenient for short trips... the bikes are booked in the same way as cars"

"My use of the car has been significantly reduced saving heaps in fuel."

"I've been much more comfortable knowing things I can do to keep my house warmer in winter and cooler in summer, less stressed about having to switch off multiple switches, I feel like I'm taking better control of my fitness by riding more, and I've developed much pride in being able to cook fresh food including things I've grown."

"I feel I am more aware of my carbon footprint and more conscious of how my consumption of resources through life affects that footprint. That makes me feel better. I also feel like I am armed with a little more information and experience to broach the subject with friends and family and encourage them to look at their carbon footprint."

"I found that having the car serviced regularly made a difference to petrol consumption and the car ran more smoothly."

"Having had the car serviced, I am finding I am using less fuel. A great win for both the environment and for my hip pocket!"



**FOOD** "Having chooks has

completely enriched our life - cheap supply of eggs, plus they are an efficient processor of our food waste and we love having them present in our garden."

"I get a real sense of pleasure out of eating the produce from my own garden, it reduces my food bills and means that I am eating healthier food."

"I planted a vege garden during my carbon challenge... This meant that I didn't have to buy vegetables from somewhere else, reducing my carbon footprint."



"I used to not think too much about our waste, I am now very careful to separate all the rubbish so that we maximise our recycling. All our food waste and paper goes into the garden for compost and the worm farm"

"Rethinking what waste is has been challenging but I am surprised at how much one can reuse for other purposes."

THE CARBON CHALLENGE WAS BROUGHT TO YOU BY THE CANBERRA ENVIRONMENT CENTRE GRANT MONEY WAS RECEIVED FROM THE ACT GOVERNMENT, AND PRIZE-SPONSORS PROVINCIAL PLANTS & LANDSCAPES, ARMADA SOLAR, THE RECYCLERY AND TUMBLEWEED. IN-KIND SUPPORT PROVIDEDBY MANY GREAT PARTNERS; SEE-CHANGE, CLIMATEXCHANGE, WOLLEMI, JACKIE FRENCH, LARA COX AND JULIA OF THE DEEP SEA SIRENS.



